

Last Steps[®] ACP Facilitator Certification

Friday, October 19, 2018 ♦ 8 AM to 4:30 PM
James L. West Alzheimer's Ctr.
Education Room
1111 Summit Ave, Fort Worth, TX 76102



Last Steps ACP "A POLST Paradigm Program" developed by Respecting Choices[®] Person-Centered Care training is designed to help participants learn the skills needed to have end-of-life discussions with frail elders or those living in long-term care facilities.

Respecting Choices[®] is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <http://www.coalitionqec.org>

To Register:

Complete this registration form online and mail with your check made out to CQEC to:

Kendra Belfi, MD
Coalition for Quality End-of-Life Care
PO Box 12424
Fort Worth, TX 76110
For questions you may call
817-247-1776
Or email us at: info@coalitionqec.org

Registration Fee: \$325
Registration Deadline: October 1, 2018

A limited number of partial scholarships are available. For more information, see form on the CQEC website (www.coalitionqec.org) and apply at least 30 days prior to the course.

CEs for nurses and social workers are available for the on-line portion of the course.

Please notify us by email if you have special dietary requirements. _____

Attendee Information:

Full Name (type or print)	Profession	
Employed by		
Work Address (street, mail station, city/ST/ZIP)		
Home Address (street, city/ST/ZIP)		
Home Phone		Email

Any dietary restrictions? _____

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Pre-Course Assignment

1. Complete the Respecting Choices **Last Steps® ACP Facilitator Online Core Curriculum**. Your tuition covers cost.
 2. Review the MOST form (Texas POLST paradigm form)
 3. Review document *RC 3116 - Last Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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AGENDA

7:30 am	<i>Continental Breakfast</i>
8:00 am	Welcome and Introductions - Overview of Course
8:20 am	Last Steps® ACP, a POLST Paradigm program
8:45 am	Review of Last Steps ACP Facilitation Skills
9:45 am	<i>Break</i>
10:00 am	Practice Role-Play Exercise #1 (<i>work in groups of three</i>)
10:45 am	Help Make Informed Treatment Decisions
11:15 am	Practice Role-Play Exercise #2 (<i>work in groups of three</i>)
12:00 pm	<i>Lunch</i>
12:30 pm	Help Make Informed Treatment Decisions (<i>continued</i>)
1:30 pm	Practice Role-Play Exercise #3 (<i>work in groups of three</i>)
2:15 pm	<i>Break</i>
2:30 pm	Making POLST Work: What the Facilitator Needs to Know
3:15 pm	Final Competency Role Play (<i>work in groups of four</i>)
4:15 pm	Summary and Evaluation - & Next Steps?
4:30 pm	<i>Adjourn</i>

TODAY'S PROGRAM WAS UNDERWRITTEN BY THE TEXAS BAR FOUNDATION WITH A GRANT TO HELP ACP PLANNING FOR THE "AT RISK" POPULATION. Since its inception in 1965, the Texas Bar Foundation has awarded more than \$18 million in grants to law-related programs. Supported by members of the State Bar of Texas, the Texas Bar Foundation is the **largest charitably-funded bar foundation**.