



The Coalition for Quality End-of-Life Care, Inc. (CQEC), is a 501©3 non-profit organization which endeavors to provide opportunities for individuals to combine their energy, talents, and values for community improvement and enrichment in the management of end of life concerns.

Our Mission:

To stimulate end of life conversations through education.

Our Vision:

To foster a culture in which all people live well until the end of their days.

President's Message

by Kendra Belfi, MD



The last two months have been busy for the Coalition (CQEC).

1) National Health Care Decisions Day



(NHDD) was April 16th, and Jaime Cobb and her committee worked hard to increase awareness in our community. Over all we participated in or helped encourage over ____ presentations from February 27th to April 27th reaching approximately ____ people. Five organizations made presentations to their employees in the Lead By Example program and three hospital systems, Baylor Scott and White (All Saints), John Peter Smith Hospital and Texas Health Resources had information available to patients and visitors. If you have not had The Conversation you

can visit our website for resources both to help you have the conversation and to find the Texas forms (Directive to Physicians, Family and Surrogates or Living Will AND Medical Power of Attorney). We reached a lot of people this past month—but the momentum does not have to stop just because we are past April 16th.

2) **Being Mortal:**

I mentioned in our last newsletter that CQEC had been accepted as a host site for the screening of the Frontline documentary about Dr Atul Gawande. We have several community partners and our first screenings are scheduled for May 2nd and May 10th at Trinity Terrace. See the website for details of these and other screenings. I expect we will have at least 6 different screenings this spring and summer and we will post the information on our website as it becomes available.



If you thought you were dying, what would matter most?

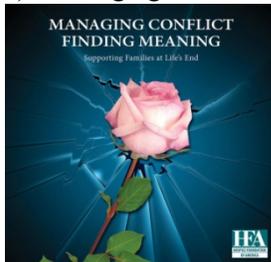
Join a national dialogue taking place in your community concerning an inescapable reality of life: death. Gather with friends, neighbors and peers to watch the FRONTLINE documentary *Being Mortal*, which explores what matters most to patients and families experiencing serious illness.

"Hope is not a plan"
- Atul Gawande

FRONTLINE

BEING MORTAL

3) **Managing Conflict/Finding Meaning— Supporting Families at Life’s End:**



This is the current Hospice Foundation of America Living with Grief Program scheduled for Friday June 17th at Baylor Scott and White All Saints Hospital. For further information see the flyer at http://www.coalitionqec.org/uploads/1/3/9/8/13981469/hfa_2016_managing_conflict_1_.pdf

4) **Book Discussions:** It has been suggested that we begin a book discussion group focusing on books that deal with issues at the end of life. Tentatively this would meet over coffee at 11 am on a Saturday morning approximately once/quarter beginning in June. If you are interested, please send us an email at info@coalitionqec.org and we will put you a list to receive information about the schedule and topics.

Featured Board Member

CQEC President-Elect: Jaime Cobb

How to help

We are looking forward to many other good things this year including additional Respecting Choices First Steps classes and a Spiritual Leadership Summit this summer.. We can use both financial support and volunteers to help put on all of these programs.



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